**Week 1 – February 4 - 8**

**Monday**
- **Entrée:** Palomilla Steak w/Peppers & Onions/Chicken Milanese w/Ham, Cheese & Tomato Sauce
- **Vegetable:** Seasonal Vegetable/Black Beans
- **Sides:** White Rice/ Seasonal Salad
- **Soup:** Spinach & Pasta/ Green Split Pea

**Tuesday**
- **Entrée:** Chicken Fricassee/Tomato & Red Wine Brisket
- **Vegetable:** Roasted Garlic Potato/Seasonal Vegetable
- **Sides:** Sweet Plantains/Side Salad
- **Soup:** Garbanzo/Potato & Cheese

**Wednesday**
- **Entrée:** Fish Filet w/Diced Tomato, Capers & Lemon/Chicken Vaca Frita
- **Vegetable:** Corn & Peppers/Seasonal Vegetable
- **Sides:** Tostones w/Pica de Gallo/Cesar Salad
- **Soup:** Green Split Pea/Lemon Chicken Orzo

**Thursday**
- **Entrée:** Grilled Check Breast w/Mustard Glaze/Beef Strips w/Peppers & Onions
- **Vegetable:** Roasted Sweet Potato/Seasonal Vegetable Salad
- **Sides:** Sautéed Peppers & Onions/Basil Pesto Tomato
- **Soup:** Butternut Squash/Garbanzo

**Friday**
- **Entrée:** Grilled Fish w/Pico de Gallo/Churassco Strips w/Chimichurri
- **Vegetable:** Garlic Whipped Potato/Seasonal Vegetable
- **Sides:** Sautéed Lentils/Zucchini & Squash Noodles
- **Soup:** Beef Vegetable/White Bean

**Week 2 – February 11 - 15**

**Monday**
- **Entrée:** Pasta w/Pesto & Vegetables/Grilled Chicken Breast
- **Vegetable:** Roasted Sweet Potato/Seasonal Vegetable Blend
- **Sides:** Garlic Parmesan Bread/Marinated Balsamic Tomato
- **Soup:** Carrot/Black Bean

**Tuesday**
- **Entrée:** Grilled Fish Fillet w/Tomato Jam/Mojo Pork Chunks
- **Vegetable:** Sautéed Potato/Seasonal Vegetable Blend
- **Sides:** Moros Style Rice & Beans/Roasted Sweet Plantains
- **Soup:** Chili/Broccoli & Cheese

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*Daily special includes: 1 entrée, 2 sides - $7 + tax, menu items may be substituted based on availability. Comments & questions are welcomed at diningservices@miami.edu*
Pizza = Pizza Bar, Vegan = Gourmet Salad Bar
Deli = Turkey, Ham, Tuna, Chicken Wraps, Hoagie, Cuban Sandwich & Midnight Sandwich

Week 2 – February 11 - 15 (continued)

Wednesday
Entrée: BBQ Chicken/BBQ Beef Brisket
Vegetable: Loaded Baked Potato/Seasonal Vegetable Blend
Sides: Baked Beans/Corn on the Cobb
Soup: Carrot/Chicken & Vegetable

Thursday
Entrée: Beef Vaca Frita/Shrimp Creole
Vegetable: Garlic White Rice/Seasonal Vegetable Blend
Sides: Sweet Plantains/Side Salad
Soup: Broccoli & Cheese/Tomato Basil

Friday
Entrée: Grilled Fish Fillet w/Pesto/Herb Grilled Chicken Breast w/Onions
Vegetable: Dirty Rice/Seasonal Vegetable Blend
Sides: Sautéed Garbanzo Beans/Side Salad
Soup: White Bean/Chicken & Vegetable

Week 3 – February 18 - 22

Monday
Entrée: Roasted Mojo Chicken Leg Quarters/BBQ Meatloaf
Vegetable: Roasted Stuffed Sweet Potato/Seasonal Vegetable Blend
Sides: Garlic Mashed Potato/Seasoned Dirty Rice
Soup: Roasted Chicken & Vegetable/Green Split Pea

Tuesday
Entrée: Mojo Marinated Palomilla Steak w/Onions & Peppers/Grilled White Fish w/Tomato Pesto
Vegetable: Seasonal Vegetable Blend/Lemon Oregano Garlic Potato
Sides: Island Yellow Rice/Tostones/Plantains
Soup: Cream of Potato/Classic Black Bean

Wednesday
Entrée: Cheese Manicotti, Tomato Sauce, Parmesan/Classic Meatballs
Vegetable: Seasonal Vegetable Blend/Broccoli w/Garlic
Sides: Garden Side Salad/Garlic Parmesan Bread/Vegetable Ziti Pasta
Soup: Butternut Squash/Orzo & Spinach

Thursday
Entrée: Basil Pesto Marinated Chicken Breast/Grilled Fish Fillet w/Chimichurri
Vegetable: Seasonal Vegetable /Squash & Zucchini Noodles
Sides: Chimichurri Potato/Seasoned Yellow Rice
Soup: Black Bean/Beef & Vegetable

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Week 3 – February 18 – 22 (continued)

Friday
Entrée: Sea Salt Skirt Steak/Roasted Pork Loin
Vegetable: Diced Butternut Squash w/Cranberry/Loaded Baked Potato
Sides: Mixed Green Salad/Choice of the Day
Soup: Butternut Squash/Carrot

Week 4 – February 25 – March 1

Monday
Entrée: Fajita Style Chicken Strip/Lemon & Herb Fish Fillet
Vegetable: Dirty Rice/Seasonal Vegetable
Sides: Sweet Plantains/Side Salad
Soup: Lentil/Butternut Squash

Tuesday
Entrée: Teriyaki Chicken Chunks/Pork Stir Fry
Vegetable: Vegetable Brown Rice/Seasonal Vegetable
Sides: Vegetable Fried Rice/Egg Roll
Soup: Vegetable/Red Bean

Wednesday
Entrée: Pasta Bolognese/Pesto Marinated Chicken Breast
Vegetable: Caprese Salad/Seasonal Vegetable
Sides: Roasted Garlic Parmesan Bread
Soup: Lentil/Potato & Cheese

Thursday
Entrée: Sautéed Beef w/Onions & Peppers/Tomato Roasted Chicken Thighs
Vegetable: Island Yellow Rice/Seasonal Vegetable
Sides: Mixed Green Salad/Tostones
Soup: Butternut Squash/Tomato Basil

Friday
Entrée: Grilled Fish Filet w/Cilantro Sauce/Mojo Grilled Chicken Breast
Vegetable: Roasted Seasoned Potato Wedges/Seasonal Vegetable
Sides: Cesar Salad/Sweet Plantains
Soup: Garbanzo/Chicken & Rice

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