**Week 1 – August 5 - 9**

**Monday**
**Entrée:** Classic Home-style Beef Style w/Veggie/Chicken Milanese w/Ham, Cheese & Tomato Sauce  
**Vegetable:** Seasonal Vegetable/Black Beans  
**Sides:** Island Yellow Rice/Salad Seasonal  
**Soup:** Spinach Pasta/Green Split Pea

**Tuesday**
**Entrée:** Chicken Fricassee/Chicken Vaca Frita  
**Vegetable:** Roasted Garlic Potato/Seasonal Vegetable Blend  
**Sides:** Sweet Plantains/Side Salad  
**Soup:** Garbanzo/Potato Cheese

**Wednesday**
**Entrée:** Fish Filet w/Diced Tomato, Capers /Tomato & Red Wine Brisket  
**Vegetable:** Corn & Peppers/Seasonal Vegetable Blend  
**Sides:** Tostones w/Pico de Gallo/Rice Pilaf  
**Soup:** Green Split Pea/Lemon Chicken Orzo

**Thursday**
**Entrée:** Grilled Chicken Breast w/Mustard Glaze/Beef Strips w/Peppers & Onions  
**Vegetable:** Roasted Sweet Potato/Seasonal Vegetable Blend  
**Sides:** Sautéed Peppers & Onions/Basil Pesto Tomato  
**Soup:** Butternut Squash/Garbanzo

**Friday**
**Entrée:** Grilled Fish w/Tomato Jam/Churrasco Strips w/Chimichurri  
**Vegetable:** Garlic Whipped Potato/Seasonal Vegetable Blend  
**Sides:** Sautéed Lentils/Zucchini & Squash  
**Soup:** Beef & Vegetable/White Bean

**Week 2 – August 12 -16**

**Monday**
**Entrée:** Pasta w/Pesto & Vegetable/Grilled Chicken Breast  
**Vegetable:** Roasted Sweet Potato/Seasonal Vegetable Blend  
**Sides:** Garlic Parmesan Bread/Marinated Balsamic Tomato  
**Soup:** Carrot/Black Bean

**Tuesday**
**Entrée:** Grilled Fish Filet w/Tomato Jam/Mojo Pork Chunks  
**Vegetable:** Sautéed Potato/Seasonal Vegetable Blend  
**Sides:** Moros Style Rice & Beans/Roasted Sweet Plantains  
**Soup:** Chili/Broccoli & Cheese

*Daily special includes: 1 entrée, 2 sides - $7 + tax, menu items may be substituted based on availability.  
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Week 2 – August 12 – 16 (continued)

Wednesday

Entrée: BBQ Chicken/BBQ Beef Brisket  
Vegetable: Loaded Baked Potato/Seasonal Vegetable Blend  
Sides: Baked Beans/Corn on the Cob  
Soup: Carrot/Chicken & Vegetable

Thursday

Entrée: Beef Vaca Frita/Shrimp Creole  
Vegetable: Garlic White Rice/Seasonal Vegetable Blend  
Sides: Sweet Plantains/Side Salad  
Soup: Broccoli & Cheese/Tomato Basil

Friday

Entrée: Grilled Fish Filet w/Pesto/Herb Grilled Chicken Breast w/Onions  
Vegetable: Dirty Rice/Seasonal Vegetable Blend  
Sides: Sautéed Garbanzo Beans/Side Salad  
Soup: White Bean/Chicken & Vegetable

Week 3 – August 19 - 23

Monday

Entrée: Roasted Mojo Chicken Leg Quarters/BBQ Meatloaf  
Vegetable: Roasted Stuffed Sweet Potato/Seasonal Vegetable Blend  
Sides: Garlic Mashed Potato/Seasoned Dirty Rice  
Soup: Roasted Chicken Vegetable/Green Split Pea

Tuesday

Entrée: Mojo Marinated Palomilla Steak w/Onions & Peppers/Mojo & Garlic Pork Chunks  
Vegetable: Seasonal Vegetable Blend/Lemon Oregano Garlic Potato  
Sides: Island Yellow Rice/Tostones  
Soup: Cream of Potato/Classic Black Bean

Wednesday

Entrée: Pasta, Tomato Sauce, Parmesan, Ricotta/Classic Meatballs  
Vegetable: Seasonal Vegetable/Broccoli w/Garlic  
Sides: Garden Side Salad/Garlic Parmesan Bread/Vegetable Ziti  
Soup: Butternut Squash/Orzo & Spinach

Thursday

Entrée: Basil Pesto Marinated Chicken Breast/Roast Chicken Thighs  
Vegetable: Seasonal Vegetable/Squash & Zucchini  
Sides: Chimichurri Potato/Seasoned Yellow Rice  
Soup: Black Bean/Beef & Vegetable

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Week 3 – August 19 - 23 (continued)

Friday
Entrée: Sea Salt Skirt Steak/Roasted Pork Loin
Vegetable: diced Butternut Squash w/Cranberry/Loaded Baked Potato
Sides: Mixed Green Salad/Choice of the Day
Soup: Butternut Squash/Carrot

Week 4 – August 26 - 30

Monday
Entrée: Fajita Style Chicken Strips/Lemon & Herb Fish Filet
Vegetable: Dirty Rice/Seasonal Vegetable
Sides: Sweet Plantains/Side Salad
Soup: Lentil/Butternut Squash

Tuesday
Entrée: Teriyaki Chicken Chunks/Pork Stir Fry
Vegetable: Vegetable Brown Rice/Seasonal Vegetable
Sides: Vegetable Fried Rice/Egg Roll
Soup: Vegetable/Red Bean

Wednesday
Entrée: Pasta Bolognese/Pesto Marinated Chicken Breast
Vegetable: Caprese Salad/Seasonal Vegetable
Sides: Roasted Garlic Parmesan Bread
Soup: Lentil/Potato Cheese

Thursday
Entrée: Sautéed Beef w/Onion & Peppers/Tomato, Roasted Chicken Thighs
Vegetable: Island Yellow Rice/Seasonal Vegetable
Sides: Mixed Green Salad/Tostones
Soup: Butternut Squash/Tomato Basil

Friday
Entrée: Grilled Fish Filet w/Cilantro Sauce/Mojo Grilled Chicken Breast
Vegetable: Roasted Seasoned Potato Wedges/Seasonal Vegetable
Sides: Cesar Salad/Sweet Plantains
Soup: Garbanzo/Chicken & White Rice

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