Week 1 - August 27 - 31

Monday
1/4 Roasted BBQ Chicken, Seasoned Grilled Corn on the Cob, Loaded Baked Potato, Seasonal Salad Soup – Butternut Squash, Black Bean

Tuesday
Grilled White Fish w/ Tomato & Black Olive Salsa, Seasoned Potato & Sautéed Seasonal Vegetables, Mixed Green Salad Soup – Homemade Chicken & Vegetable, Lentil

Wednesday
Classic Caribbean Turkey Picadillo, White Rice, Sweet Plantains, Tostones w/ Pico de Gallo, Side Salad, Sautéed Vegetable Soup – Cream of Potato, Black Bean

Thursday
Roast Mojo Pork Loin, Island Yellow Rice, Seasonal Vegetable, Mixed Green Salad Soup – Butternut Squash, Lentil

Friday
Cheese Manicotti, Side Salad, Seasonal Vegetable, Garlic Parmesan Bread, Herb Grilled Chicken Soup – Cream of Mushroom, Black Bean

Week 2 - September 4 – 7

Monday
University Holiday - closed for Labor Day

Tuesday
Fajita Style Chicken & Steak Strips, Vegetable Rice, Side Salad Soup – Homemade Chicken & Vegetable, Black Bean

Wednesday
Lemon & Herb Marinated Fish Filets, Roasted Sweet Potato, Seasonal Vegetable, Side Salad Soup – Garbanzo Bean, Malanga

Thursday
Garlic & Mojo Pork Chunks, Moros Style Rice, Seasonal Vegetable, Tostones w/ Pico de Gallo, Mixed Green Side Salad Soup – Red Bean, Green Split Pea

Friday
Traditional Pasta w/ Bolognese Sauce, Side Salad & Garlic Bread Soup – Green Split Pea, Malanga

Week 3 - September 10 - 14

*Daily special includes: 1 entrée, 2 sides - $7 + tax
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**Monday**
Baked BBQ Salmon, Wild Rice, Sautéed Corn & Peppers, Seasonal Vegetable, Side Salad
Soup - Tomato & Basil, Chicken & Vegetable

**Tuesday**
Teriyaki Beef, Edamame & Vegetable Fried Rice, Crispy Egg Roll, Side Salad
Soup - Lentil, Potato & Ham

**Wednesday**
Chicken Parmesan, Pasta, Garlic Parmesan Bread, Seasonal Vegetable, Caesar Salad
Soup - Cream of Broccoli, Chicken & Orzo

**Thursday**
Grilled White Fish w/ Sautéed Lentils, Roasted Garlic Potato, Seasonal Vegetable, Side Salad
Soup - Butternut Squash, Tomato & Basil

**Friday**
Lomo Saltado (Sautéed Beef, Onions, Peppers, Tomato w/ Soy Sauce, Butter), White Rice & Fried Sweet Plantains, Vegetable
Soup - Black Bean, Potato & Ham

**Week 4 - September 17 - 21**

**Monday**
Fricassee of Chicken, White Rice & Fried Sweet Plantains, Side Salad,
Soup - Lentil, Potato & Cheese

**Tuesday**
Baked Ziti w/ Beef & Tomato, Ricotta, Garlic Parmesan Bread, Seasonal Salad, Vegetable
Soup - Vegetable, Red Beans

**Wednesday**
Crispy Fish Chunks, Seasoned Fries or Potato, Classic Cole Slaw, Fresh Tartare Sauce
Soup - Chicken & Vegetable, Butternut Squash

**Thursday**
Beef Brisket (Smoked & Grilled), Loaded Baked Potato, Corn on the Cobb, Classic Baked Beans
Soup - Split Pea, Potato & Cheese

**Friday**
Roasted Chicken, Mashed Potatoes or Seasoned Potato or Fries, Mixed Vegetables
Soup - Lentil, Butternut Squash

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**GOT SPOT CAFE**

**Week 5 - September 24 - 28**

**Monday**
Chicken Vaca Frita, White Rice, Vegetables & Tostones, Roasted Sweet Plantains
Soup – Chicken & Vegetable, White Bean & Ham

**Tuesday**
Crispy Fish Filet "Matacumbe" Style Sauce of Diced Tomato, Onions, Peppers, Lemon, Capers, Olive Oil, Salt & Pepper
Roasted Garlic Potato, Side Salad, Seasonal Vegetable Sautee
Soup – Garbanzo Bean, Chicken & Orzo

**Wednesday**
Grilled Chicken Breast, Congri (Black Beans & Rice) & Fried Sweet Plantains, Side Salad, Seasonal Vegetable
Soup – Cream of Broccoli, White Bean & Ham

**Thursday**
Classic Caribbean Ox Tail, White Rice, Sweet Plantains, Tostones w/ Pico de Gallo, Side Salad, Sauteed Vegetable
Soup – Black Bean, Carrot & Curry

**Friday**
Spaghetti Bolognese-Tomato Beef Sauce, Parmesan Cheese, Herbs, Mozzarella, Side Salad & Garlic Parmesan Bread,
Salad Soup – Mixed Bean, Cream of Broccoli

**Week 6 – October 1 - 5**

**Monday**
Ropa Vieja Style Shredded Beef w/ Creole Tomato Sauce, Garlic White Rice, Roasted Sweet Plantains, Side Salad,
Vegetable Soup – Lentil, Butternut Squash

**Tuesday**
Chicken w/ Mushroom Wine Sauce, Mexican Rice & Sautéed Vegetables, Crispy Tortilla Chips w/ Pico de Gallo
Soup – Red Bean, Chicken & Cilantro Cream

**Wednesday**
Crispy Mahi Filets, Island Yellow Rice, Seasonal Vegetable, Side Salad, Tartare Sauce
Soup – Butternut Squash, Cream of Mushroom

**Thursday**
Palomilla Steak w/ Peppers & Onions, Black Beans, White Rice & Tostones, Sautéed Vegetable, Side Salad
Soup – Garbanzo Bean, Butternut Squash

**Friday**
Crispy Fried Chicken (Legs), Grilled Sweet Corn & Roasted Vegetables, Classic Cole Slaw, Mashed Potato & Gravy
Soup – Tomato Basil, Cream of Mushroom

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Week 7 - October 8 – 12

Monday
Classic Italian Lasagna, Side Salad, Seasonal Vegetable, Garlic Parmesan Bread
Soup – Lentil, Potato & Corn

Tuesday
Sautéed Marinated Chicken Strips, Island Yellow Rice, Vegetable, Salad
Soup – Curry Carrot, Chili

Wednesday
Roast Mojo Pork Loin, Black Beans & Rice & Tostones
Soup – Red Bean, Potato & Corn

Thursday
Salisbury Steak w/ Mushroom Gravy, Roasted Garlic Mashed Potato, Side Salad, Sautéed Vegetable
Soup – Chili, Carrot & Curry

Friday
Grilled Corvina Fish Filets, Sautéed Lentils, Side Salad,
Roasted Vegetables
Soup – Butternut Squash, Red Bean

Week 8 - October 15 – 19

Monday
Churrasco Steak Sandwich w/ Seasoned Fries, Tortilla Chips w/ Pico de Gallo, Avocado Guacamole w/ Lime
Soup – Chili, Chicken & Vegetable

Tuesday
Chicken Breast Milanesa Style, Sautéed Potato, Vegetable, Salad, Roasted Sweet Plantains

Wednesday
Meatballs w/ Light Tomato Gravy, Mashed Potatoes, Sautéed Spinach w/ Garlic & Onions, Side Salad
Soup – Butternut Squash, White Bean

Thursday
Grilled Grouper Filets w/ Various Toppings, Side Salad, Seasonal Vegetable, Island Yellow Rice, Tostones w/ Pico de Gallo
Soup – Black Bean, Cream of Broccoli

Friday
Build Your Own Burger (6oz) Fresh Burger, Lettuce, Tomato, Grilled Onions, Cheese, Pickles, Jalapenos served Seasoned Fries, Tortilla Chips w/ Pico de Gallo Soup – Garbanzo Bean, Chicken & Vegetable

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